

Homework Stars Group Plans

Group #1 (Introduction to Group)

- ★ Explain group procedures/purpose
- ★ Establish group rules

Group #2 (Making Excuses)

- ★ Create list of excuses why homework isn't done
- ★ Read "Making Excuses" book
- ★ Discuss how making excuses keeps you from doing or having what you want
- ★ Erase homework excuses list and encourage students to focus on what they CAN do rather than what they can't

Group #3 (Organization at Home/Homework Preferences)

- ★ Have students discuss environment preferences in pairs
- ★ Have students draw their ideal homework setting. Share.
- ★ Ask each student name one thing they will do this week to make their homework environment better

Group #4 (Organization at School)

- ★ Discuss what it means to be organized
- ★ Messy Desk activity (have students clean out desk, find homework, write it in planner, and pack backpack to take home)
- ★ Discuss what each student did to help organize
- ★ Discuss one thing each student will do this week to stay organized at school

Group #5 (Goal-Setting)

- ★ Discuss what it means to make a goal
- ★ Ask each student a goal they have in their life (long-term)
- ★ Ask each student to name an academic goal they have for themselves (short-term)
- ★ Describe how homework is related to these goals
- ★ Have students fill out goal-setting worksheet (breaking goals down into smaller steps)

Group #6 (Termination)

- ★ Review previous sessions
- ★ Discuss how to find help with homework/organization after group is over